

Seminar on

**“Psychological impact of Ragging in students
and management of stress for a better physical
and mental well being”**

**Organised by Anti ragging Committee in
collaboration with IQAC, Maulana Azad College**

Resource Person:

Ms. Ipsita Banik

Clinical & Rehabilitation psychologist

Date: 17.07.25

Time: 1.30 PM

Venue: Seminar room, Maulana Azad College